Dear Client, We hope the information below is helpful to you. It contains a lot of links with more information. In health, Your Care Team at Cascade Acupuncture Center

Hood River: 541-387-4325 The Dalles: 541-298-2378

Website, Office Email and Social Media:

Here is our <u>website.</u> Here is our <u>Office Email</u>.(Heal@CascadeAcupuncture.org) Here is our <u>FaceBook Page</u>. Here is our <u>Twitter Page</u>. Here is our <u>Instagram page</u>.

COVID Safety Policies, English and Spanish:

Here are <u>our COVID-19 Safety Policies</u> Here are <u>our COVID-19 Safety Policies (Espanol)</u>

Patient Portal:

Here is more information on our Patient Portal (PHR= Patient Health Records).

Fee schedule:

Here is <u>our Fee Schedule</u>, note on page 2 we offer discounts based on income for people who don't have Acupuncture insurance coverage. Additionally we offer low cost Acupuncture Focus treatments for stress, called <u>Happy Hour Acupuncture Treatments</u>, also on page 2.

Insurance:

Here is more information about Acupuncture insurance and our fees.

Free Consultation:

Here is more information on <u>our free 15 min consultation</u>. Due to COVID-19 we are offering this free service by phone. Please call to set up an appointment.

Telehealth:

Here is more information on <u>Telehealth.</u>

Treatment Modalities:

Here is more information on <u>our Happy Hour Acupuncture Treatments.</u> Here is more information on <u>our Custom Chinese Herbs.</u> Here is more information on <u>Allergy Elimination.</u> Here is more information on <u>Auriculotherapy.</u>

Conditions treated:

These are conditions which Acupuncture can treat.

Our Products:

Here is a list of all products we are able to ship to you for \$6 S&H.

Here is more information on <u>Tibetan Herbal Foot Soaks</u>.
Here is more information on <u>Curaphen and Curaphen Extra Strength</u>.
Here is more information on <u>MSM Cream</u>, <u>Zheng Gu Shui</u>, <u>Wu Yang Plaster and Inner Peace solution</u>.
Here is more information on <u>Monolaurin and Vitamin C</u>.
Here is more information on <u>Magnesium and Vitamin D</u>.
Here is more information on <u>Menopause Support</u>, <u>Vitamin E and Bone Broth Protein</u>.
Here is more information on <u>Greens First and Protein</u>, <u>meal replacement kit</u>.

Handouts:

Here is our <u>Cold and Flu handout.</u> Here is our <u>Peri/Menopause handout.</u> Immune Boosting tips from Janet Wrege, LAc and Carola Stepper, LAc

Directions:

<u>Here are our directions to our Hood River clinic.</u> <u>Here are our directions to our clinic in The Dalles.</u>

Health Lectures:

Carola Stepper, LAc, RN retired offers free health lectures, here is more information.

Fertility:

Here is more information on our services pertaining to Fertility Enhancement.

Recliner Chairs:

Here is more information on our recliner chairs.

Practitioners we recommend:

Here is more information on <u>practitioners we recommend</u>. This link also contains information on Gorge local walk in and urgent care, domestic violence, grief and loss.

Pacific Source Community Solutions and Evicore:

Your insurance is **Pacific Source Community Solutions** (PSCS or Oregon Medicaid), this is a <u>helpful handout</u> which explains which Diagnosis Codes are covered for Acupuncture. Please consider giving this to your medical provider.

Your insurance used **Evicore** for prior Authorizations for Acupuncture. We have created <u>this</u> <u>handout</u> to help you understand the process and your options in case of a denied authorization.

Gift Card Purchases:

Here is more information on gift card purchases.