

Cascade Acupuncture Center's statement on Chinese Herbal or Acupuncture treatment of the Coronavirus:

As you may have heard per some news reports Chinese Herbs seem to have been helpful for some Coronavirus victims in China.

At Cascade Acupuncture Center we are unfortunately not able to offer this service.

The National Center for Complementary and Integrative Health released a statement that **“There is no scientific evidence that any of these alternative remedies can prevent or cure the illness caused by this virus.”**

We only treat our current clients with herbs and only if we can see them in person, so we can take their Chinese Medical Pulse and look at their tongue to do Chinese Medical Tongue Diagnosis. We do not prescribe our custom herbs over the phone.

We are not primary care providers in Oregon and our clinics are not equipped to receive clients infected with the Coronavirus.

In fact we are asking all of our clients who have a fever, who might be infected or live with infected persons to please re-schedule their appointments and not come to our clinics, so our staff and other clients can stay healthy.

Since this is a new virus, our Acupuncturists do not have any clinical experience in treating the Coronavirus, nor do we have all suggested Chinese Herbs in our clinics to do so.

While our goal is always your highest health, due to the unprecedented, infectious and urgent nature of the Coronavirus we ask you to please understand our position and follow all CCD guidelines for the prevention and treatment of the Coronavirus:

<https://www.cdc.gov/coronavirus/2019-ncov/about/prevention-treatment.html>

Please continue all your health habits which can boost your immune system and reduce your stress, some are summarized in our [Cold and Flu handout](#), which was written prior to the occurrence of the Coronavirus. May we all stay healthy!

Coronavirus, helpful links:

[A Guide: How To Prepare Your Home For Coronavirus \(Article by NPR/OPB\)](#)

[Proper handwashing. \(information by the CDC\)](#) [Stop touching your face \(NY times\)](#)

[CDC Recommendations to prevent the spread of viruses, especially the CoronaVirus](#)

(Consider printing the document above and posting it in bathroom/s and break room/s at your place of work as well as in your bathroom and kitchen at home, to keep getting reminded!)