



## **Curaphen and Curaphen Extra Strength by Euromedica**

Safe and Effective Professional Pain Formula, contains Curcumin and Turmeric

Decreases Pain, Inflammation, Muscle Tightness and Stiffness, boosts Mood

### **Pharmacological & Clinical Therapeutic Properties of Turmeric:**

- Analgesic (pain reliever)
- Anti-inflammatory (reduces inflammation)

### **Additionally it is helpful for: (FYI: compare this to over the counter pain medications!)**

- Antibacterial (alleviates bacterial infections)
- Antiviral (alleviates viral infections)
- Antimutagenic (anti-cancer) Antineoplastic (anti-cancer)
- Antiplatelet (alleviates blood coagulation / stasis)
- Antihyperlipidemic (lowers cholesterol and triglycerides)
- Cholagogic (stimulates bile and protects gallbladder)
- Hepatoprotective (protects the liver)

### **Euromedica's Curaphen has been formulated utilizing the most up-to-date evidence-based ingredients for maximum benefit and potency. It contains:**

- BCM-95© Curcumin, a patented curcumin extract that is combined with turmeric essential oils making it up to 10x more absorbable than standard curcumin extracts.
- BosPure© Boswellia (Boswellia serrata - frankincense) is another patented herbal extract that has been added to increase the pain relief and anti-inflammatory effects.
- DLPA (DL-phenylalanine) is an amino acid that helps to alleviate muscle pain by enhancing the effects of enkephalins, a type of endorphin, which are produced during acupuncture. DLPA also helps to boost one's mood by elevating brain neurotransmitters such as dopamine, epinephrine, and norepinephrine.
- Nattokinase is an enzyme extracted from a traditional Japanese soy food called natto. Nattokinase increases blood circulation to the smaller blood vessels throughout the body to increase the therapeutic effects of the other three ingredients. It helps to increase blood circulation, reduce pain and inflammation, and alleviate muscle pain, strain, and stiffness.

**Euromedica's Curaphen Extra Strength** is a great option for patients who want higher levels of BCM-95 Curcumin and BosPure Boswellia in fewer tablets.

It features higher levels of targeted ingredients in a larger, more concentrated form than regular strength Curaphen. Each ingredient addresses pain via a different clinical pathway, which results in significant pain relief. It provides the same strong ingredients found in Curaphen, but in a tablet that provides even more superior ingredients for award-winning pain relief.

BCM-95® and BosPure® are registered trademarks of Dolcas-Biotech.

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**Directions for Curaphen or Curaphen Extra Strength:**

Adults take 1 capsule up to 3 times daily as needed for pain control or as directed by your healthcare practitioner. **Do NOT exceed 3 capsules per day!**

For example if you have pain in the morning and afternoon but not at night, take on in the morning, one mid day, but none at night. If you are taking 2-3 Curaphen every day, consider taking **Curaphen Extra Strength** instead, starting out with 1 per day and evaluate how it helps your pain. If needed increase to up to 3 tablets per day. Always try to use the least amount that is effective for your pain. Safe to take on an empty stomach. Take with food if there is mild stomach discomfort.

**Guideline to decide if you need Curaphen or Curaphen Extra Strength:**

If your pain levels on a 0 (no pain) to 10 (most pain) scale are often 5/10 or LOWER or you might usually manage your pain with 1-2 tabs of 200 mg Ibuprofen, we suggest **Curaphen**.

If your pain levels on a 0 (no pain) to 10 (most pain) scale are often 5-10 or you might usually manage your pain with 3-4 tabs of 200 mg Ibuprofen, we suggest **Curaphen Extra Strength**. Many of our clients purchase both Curaphens and use them according to their pain levels.

**Warning:** Consult your healthcare provider if you are pregnant or breastfeeding or taking blood thinning medications. Does not contain Vitamin-K or interfere with stomach, kidney or liver function.

**Free of:** Wheat, Dairy/ Milk, Gluten, Soy, Yeast, Sugar, Preservatives, Salt, Corn, Artificial Colors/Flavors

**Curaphen 60 caps: \$38.95 or 120 caps: \$60.95 | Curaphen Extra Strength, 60 caps: \$46.95**

Turmeric root (*Curcumae longae rhizoma*) is a highly regarded herb within East Asian medicine and has been used medicinally for over 3,000 years. It has traditionally been used within Chinese medicine to “break up” blood stasis and increase blood circulation, increase Qi / vital energy and oxygen circulation, and alleviate pain.

Modern research examining the medicinal benefits of turmeric has revealed several key pharmacologically active compounds contained within. Curcumin is one of its most bioactive molecules and belongs to a class of compounds known as curcuminoids. Because it has the most therapeutic benefits, most turmeric herbal supplements available are standardized to a minimum percentage of curcuminoids contained within the herbal extract.

Fun Fact: A typical turmeric root available from the grocery store or farmer’s market contains only around 25% curcumin, making it less effective than a standardized clinical dose optimized for maximum pain and inflammation relief. Once an individual is out of pain, they may enjoy cooking with raw turmeric root to get its broad spectrum and synergistic effects gradually over time in a whole-food form as part of a balanced and healthy diet

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