

Menopause and Perimenopause Management at Cascade Acupuncture Center

The goals of an alternative approach to perimenopause and menopause are to provide relief from common symptoms and to help prevent osteoporosis, heart disease, cognition problems and other diseases of aging.

This month we are offering

Menopause Support and Vitamin E - mixed with tocopherols For Just \$53 ~ A 15% savings

Menopause Support by “Vital Nutrients”

May be purchased individually for \$32.50!

A Herbal combination formulated for support during menopause. Two capsules taken twice daily

- ✓ Helps alleviate hot flashes
- ✓ Promotes emotional wellness
- ✓ Supports healthy bones

Vitamin E - mixed with tocopherols by “Vital Nutrients”

May be purchased individually for \$20.50!

- ✓ 400 IU softgel capsules, taken twice daily is very effective for decreasing hot flashes

Our Licensed Acupuncturists at Cascade Acupuncture Center can help you evaluate, assess, and treat your individual perimenopause and menopause symptoms with Acupuncture, herbs and lifestyle recommendations.
At your next appointment ask how we can help you!